



IV Therapy Post Care Instructions

- Remove coban dressing and gauze from IV insertion site 20 to 30 minutes after being discharged from Living Young Center.
- Drink plenty of water. Urine may appear darker yellow in color following IV therapy. However, if urine color persists then seek medical care.
- Diabetic patients who receive Vitamin C in the IV may have an elevated finger stick blood glucose reading on glucometer and may have a false elevation up to 4 hours after IV infusion. Treating the elevated glucose could result in hypoglycemic episodes. If experiencing symptoms of elevated blood glucose, a serum or blood taken from the vein and evaluated at a lab may be necessary.
- Monitor IV site for infection and call Living Young Center for symptoms of increasing redness, discharge or drainage and increasing pain from IV insertion site.
- Monitor for signs and symptoms of an allergic reactions, which could include, but is not limited to the following symptoms: red eyes, swelling under or around eyes, itching or sensation of “sand in eyes”, swelling of tongue and or lips, tightness in throat, sensation of throat closing, change in voice, heart racing or palpitations, difficulty breathing or shortness of breath, abdominal pain, nausea or vomiting, itching skin, red patches or hives on skin, swelling of fingers, hands, or other extremities.

If experiencing any of the above symptoms, seek immediate/emergent medical attention by calling 911. An anti-histamine may be required, such as Benadryl. Notify EMS of all known allergies.