

VI PEEL - AT HOME CARE INSTRUCTIONS

The **VI Peel** is a multi-step procedure. The first part is done in our clinic, the second part is to be completed at home over the course of one full week (7 days).

****All instructions below must be followed closely in order to achieve the desired results.****

Four hours after treatment in clinic:

1. Using fingertips only, cleanse the skin with **VI Derm Gentle Purifying Cleanser**.
Rinse with cool water and pat dry.
2. **Apply the 1st VI Peel Post Peel Towelette** to the entire treated surface of the skin, avoiding eyelids & lips. **Apply the towelette until the towelette is dry.**
Do not wash off. Discard towelette and wash hands.
3. **Wait 10 minutes**
4. Apply a **THIN** layer of the **Post-Treatment Repair Cream**.
*** NO OTHER products should be applied.**

Night 1 - One hour before bedtime:

1. Using fingertips only, cleanse the skin with **VI Derm Gentle Purifying Cleanser**.
2. **Apply the Precision Plus Towelette** to all areas **until the towelette is dry.**
Do not wash off. Discard towelette and wash hands.
3. **Wait 30 minutes**
4. Apply the **2nd VI Peel Post Peel Towelette** to the entire treated surface of the skin, avoiding eyelids & lips. **Apply the towelette until the towelette is dry.**
Do not wash off. Discard towelette and wash hands.
5. **Wait 10 minutes**
6. Apply a **THIN** layer of **Post-Treatment Repair Cream**
*** NO OTHER products should be applied**

Day 2 - Morning:

1. Using fingertips, cleanse skin with **VI Derm Gentle Purifying Cleanser**.
Rinse with cool water and pat dry.
 2. Apply a **THIN** layer of **Post-Treatment Repair Cream**
 3. **Wait 5 minutes** to allow the cream to fully absorb.
 4. Apply **VI Derm SPF 50 Daily UV Defense Broad Spectrum Sunscreen**.
Apply both **2-4 times throughout the day** or as often as needed.
- ✨ Makeup can be worn if necessary.

Night 2 - One hour before bedtime:

1. Using fingertips only, cleanse the skin with **VI Derm Gentle Purifying Cleanser**.
2. Apply the **Precision Plus Towelette** to all areas **until the towelette is dry**.
Do not wash off. Discard towelette and wash hands.
3. **Wait 30 minutes**
4. Apply the 2nd **VI Peel Post Peel Towelette** to the entire treated surface of the skin, avoiding eyelids & lips. **Apply the towelette until the towelette is dry**.
Do not wash off. Discard towelette and wash hands.
5. **Wait 10 minutes**
6. Apply a **THIN** layer of **Post-Treatment Repair Cream**.
*** NO OTHER products should be applied**

Day 3 - 7:**Every Morning**

1. Cleanse skin with **VI Derm Gentle Purifying Cleanser**
2. Apply a **THIN** layer of **Post-Treatment Repair Cream**
3. Apply **VI Derm SPF 50 Daily UV Defense Broad Spectrum Sunscreen**

Every Night One Hour Before Bedtime

1. Cleanse skin with **VI Derm Gentle Purifying Cleanser**
2. Apply a **THIN** layer of **Post-Treatment Repair Cream**

Peeling usually begins by Day 3.

Once the skin starts peeling, **DO NOT PEEL OR PICK THE SKIN & AVOID SUN EXPOSURE** as this may cause **PERMANENT** irritation, scarring & pigmentation changes.

Peeling usually ends by Day 7.

After your skin is done peeling, you can resume your normal skincare routine.

Please call us if you have any questions or concerns.

We are here to help.

727-319-6884