

Things to know about your Botox, Jeuveau, Dysport or Xeomin Treatment

Before your treatment:

Although bruising is not typical with this treatment, it can happen. Things you can do to minimize the chances of bruising is staying away from items that can thin your blood for a 3-4 days prior to treatment, such as:

- Medications: Nsaids, Aspirin, Ibuprofen, Naproxen sodium, etc.
- Supplements: Fish oil and vitamins that begin with “G”
- Alcohol beverages.

Full results can take up to a full two weeks, so we recommend getting treatment at least two weeks or more prior to any special events.

After your treatment:

- Do not lay flat for 3 hours after your treatment.
- Do not exercise for 3 hours after your treatment.
- Do not touch, rub, or apply pressure (including hats) to the area for 3 hours.

Common Questions:

What happens if after two weeks the lines/wrinkles are still there?

If the product is doing its job the muscles in the treated area(s) should no longer be able to crease the lines/wrinkles anymore. Depending on how deep or etched in the lines are prior to treatment, the longer it will take for that line or wrinkle to fully disappear. The good news is that over the next 3-4 months you will not be able to crease those etched in lines and the skin underneath will start and continue to repair itself; the lines will continue to lessen overtime. Consistent treatments every 3-4 months will achieve the best ongoing result.

What happens at my two week follow up visit?

This visit is no charge and it is for us to take a look and make sure everything looks absolutely perfect. Our goal is to find the lowest dose to achieve the desired result. This means dosing conservatively, “we can always add more, but can’t take it out”. Attending your two week follow up appointment is important so we are able to add a few more units if needed and find your individual perfect dose. Additional units will be honored at the same price as the previous visit.

Pst... Here’s a little secret: Pre-book your next appointment for 3-4 months out and you will lock in a better per unit rate (and it will keep your treatments consistent for optimal results).

We look forward to seeing you at your two week follow up appointment!

Please reach out if you have any questions. (727) 319-6884